

Junior Maine Woodsman (Level 1) A) Ages 9 -12

15 Skills Testing Modules towards Earning the JMW patch

Overall goal of the Junior Maine Guide Program:

JMG is a Maine based outdoor skills program, designed to foster enjoyable, safe and healthy outdoor living experiences for youth ages 9 –18. It can lay the groundwork for later training and certification as a licensed Trip Leader, as well as provide a lifetime of enjoyment of living in concert with nature in the Maine wilderness. It is a joint program of the Maine Youth Camping Foundation & the Dept of Inland Fisheries & Wildlife.

Goal of the JMW level:

This is Level I training of the Junior Maine Guide program. Individual Maine camps offer instruction and testing on each module to certify campers for the Junior Maine Woodsperson patch, and to lay the foundation for level II, Maine Woodsman.

Modules in Junior Maine Woodsman program

1. Tool craft
2. Canoeing
3. Individual Shelter
4. Map & Compass
5. Map of Maine
6. Trip Equipment
7. First Aid/Wilderness First Aid
8. Cooking
9. Group Encampment
10. Maine Issues & Environmental Concerns
11. Fire building
12. Trees
13. Hiking & Backpacking
14. Leave No Trace Camping
15. Outdoor Living Skills

Staff Qualifications:

Competency in the curriculum areas; capacity to design & carry out testing on each module.

Methods of Evaluation:

Oral tests, skills tests, written tests, according to individual camp's philosophy.

Length of time required:

Varies due to length of camp session & age. Can be completed in one summer, or over several summers.

Patches & Certificates:

To purchase completion patches & certificates, camp representatives should contact the MYCF office at 207-518-9557 and make a group order.

Contact person:

Spencer Ordway, Camp Winona, 207-647-3721

Junior Maine Woodsmen/ Woods woman
Maine Woodsmen / Woods woman

Areas of Evaluation

- A.) Camping Tools
- B.) Canoeing
- C.) Individual Shelter & Fireplace
- D.) Map and Compass
- E.) Map of Maine
- F.) Trip Equipment
- G.) First Aid / Wilderness First Aid
- H.) Cooking
- I.) Group Encampment
- J.) Maine Issues / Environmental Concerns
- K.) Firebuilding
- L.) Trees
- M.) Hiking / Backpacking
- N.) Leave No Trace / Minimum Impact Camping
- O.) Outdoor Living Skills (General Knowledge)

Junior Maine Woodsman Curriculum (JMG level 1) - Ages 9 to 12

A) Tool Craft

Knife –

Know appropriate type and size.
Know different types – folding vs. sheath.
Sharpen and handle correctly.
Make good shavings for tinder.

Saw-

Know how to use and handle safely.
Cut firewood which is 2”-3” in diameter.

Evaluation: Oral Exam / Skill Demonstration

B) Canoeing

The Camper should have a reasonable competency in handling a rowboat or a tandem canoe. The camper should:

- Know proper entry and departure of the craft.
- Perform safe landings on a dock and/or beach.
- Be able to move the boat / tandem canoe in a straight line and to turn.
- Tandem canoe skills should include skills in the bow and stern.
- Be capable of handling boat /canoe in a slight wind.
- Understand boating safety regulations and use of PFD.
- Understand minor boat repairs.
- Basic boat parts – bow, stern, port, starboard, gunnels, thwart

Evaluation: Skill Demonstration

C) Individual Shelter

The camper should have knowledge of how to set up a correct individual shelter or kitchen tarp. The camper should:

- Know knots needed to tie a shelter or tarp.
- Able to assist in putting up a shelter that would be suitable for an overnight stay.
- What to look for in a proper site – including suitable protection for an overnight stay.
- Set up using knife, rope, plastic stakes and shelter tarp.
- Knowledge of proper site drainage.
- Restore site to original condition.

Evaluation: Skill Demonstration

D) Map & Compass

The camper should have a general acquaintance with a map and compass and their uses by being able to:

- Understand the parts of a compass and its use.
- Understand the topographical map relation to North.
- Understand the difference between Magnetic and True North
- Understand the basics of a topographical map –
This includes understanding contour lines and other basic symbols.
(Streams, watercourses, roads, trails, vegetation)

Evaluation: Oral Exam / Skill Demonstration / Written Exam

E) Map of Maine

The camper should have a general acquaintance with the map of Maine and be able to locate:

- Four major rivers
- Four major mountains
- Two state and/or national parks
- Five major cities
- Have knowledge that Maine has 16 counties

Evaluation: Written Exam

F) Trip Equipment

The camper should plan and list items needed for an OVERNIGHT TRIP including:

- Knowledge of packing techniques
- Necessary group equipment
- Necessary personal equipment
- A menu for one well balanced meal
- Food list and supplies for this meal

Evaluation: Written Exam / Oral Exam

G) First Aid / Wilderness First Aid

The camper should have basic knowledge of the following:

- Basic First Aid Items
- How to treat minor cuts, bruises, heat exhaustion, stings and bites, poison ivy, minor burns.
- Protection from insects and the sun
- Proper habits of rest, eating and personal hygiene
- What to do if help is delayed.

Evaluation: Written Exam

H) Cooking

The camper should be introduced to the methods of cooking in the out of doors with a fire and/or a stove. Emphasis should be on acquiring basic skills usually on a camp stove. The camper should:

- Assist in the preparation of three meals: a breakfast, lunch and dinner.
- Help in cooking and know the difference of a boil, fry and a bake.
- Assist with appropriate dishwashing techniques.
- Assist in kitchen cleanup including the use of proper environmental disposal issues.

Evaluation: Skill Demonstration

I) Group Encampment

Learn the basics of why people go camping – to live, work and share together in a wilderness setting. Many of the areas of knowledge are covered in individual skills, but it is important for the camper to see necessity of the group working together.

The camper should spend two days / one night at the campsite.

- Set up tents and a kitchen fly
- Set up the kitchen and cooking areas
- Be a part of a well organized and safe campsite
- Campers should be maintaining proper personal hygiene and appearance.
- Serve well balanced meals on time
- Break camp
- Leave the campsite cleaner than it was found

Evaluation: Skill Demonstration

J) Maine Issues and Environmental Concerns

The camper should start to develop an awareness and appreciation of the outdoors. Campers should have basic knowledge of the following issues:

- Litter and other incorrect uses of the environment, including over use.
- Maine wilderness regulations on property ownership and usage
- Basic knowledge of fishing laws - why they exist; license regulations
- Current environmental issues – Milfoil, Poison Ivy, West Nile virus...

Evaluation: Written Exam / Oral Exam

K) Fire building

Knowledge and skill with outdoor fires is important, as are safety factors. Camper's knowledge should include:

- Safe use of fireplace – including ability to identify appropriate fireplaces.
- Gather and prepare wood for a fire
- Lay and start a fire to boil a cup of soapy water
- Properly extinguish fire and clean up site
- What to do if a forest fire is discovered

Evaluation: Skill Demonstration / Oral Exam

L) Trees

The campers should know the difference between hard wood and soft wood.

Campers should be able to distinguish the basis families:
Maple; Oak; Birch; Pines and other Evergreens

The camper should recognize what makes good tinder, kindling and small wood for fire building.

Evaluation: Oral Exam / Skill Demonstration

M) Hiking and Backpacking

- Campers should have basic knowledge of the physical nature of a hike.
- Understand the rules of trail etiquette
- Knowledge of proper spacing
- Safety issues for assuring the group stays together
- Knowledge of the various means by which trails are marked.
- Knowledge and awareness of trail erosion.

Evaluation: Written Exam / Oral Exam

N) Leave No Trace / Minimum Impact Camping

Campers should have a basic knowledge of why the use of Leave no Trace principals are important. How the use of minimum impact camping affects the camper but the group, other groups and animals.

Evaluation: Written Exam / Oral Exam

O) Outdoor Living Skills (General Knowledge)

Water purification – campers should understand the need for water purification, methods of water purification, and consequences of drinking untreated water.

Stars – campers should be able to locate and identify; as well as understand its relationship to direction finding.

- The Big Dipper
- Little Dipper
- North Star

Weather – campers should know how to identify wind direction. The camper should know obvious cloud signs and some indications of a change in the weather.

Lost Person – camper should know what to do if they become lost or separate from a group. **STAY IN THE SAME LOCATION**, keep calm, the group leader will find you.

Fishing – campers should know the different methods of fishing and three types of fish that can be caught in Maine.

Evaluation: Written Exam / Oral Exam

Update March 19th, 2003